



I CAN PRAY

THERE ARE MANY THINGS I CAN DO IN CHURCH!

1. I will say many prayers when I go to church.



Add a picture of YOU praying in church!



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2. Praying is very important, not just in church, but all the time.





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3. While in church, the priest and people will sing many prayers



and I can sing along out loud, sing quietly or pray silently.

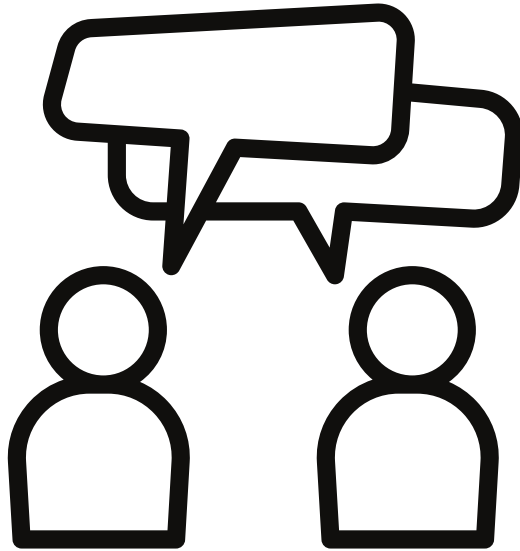




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4. Prayers help me talk to God about everything,



good and bad.





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5. He is always listening to me.





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6. I can say a prayer before I enter church,



while lighting a candle and throughout the Divine Liturgy,



it's also important to pray at home.





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7. Praying helps me to be closer to God and lets Him know how much I love Him.





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8. It is important to pray for everyone and everything and know that God will answer your prayer when it is time.



Write some things you pray for or draw a picture



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9. Praying is a great way to talk to God on a daily basis.





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10. Sometimes praying can be hard. I may get bored or frustrated.





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11. That is OK! That happens to everyone.



What we need to remember is to keep trying. If we need to take a break, tell our parents or just sit quietly. When we are ready, we can start again.





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12. Sometimes even just a short prayer like ***Lord Have Mercy*** is all we need to do.

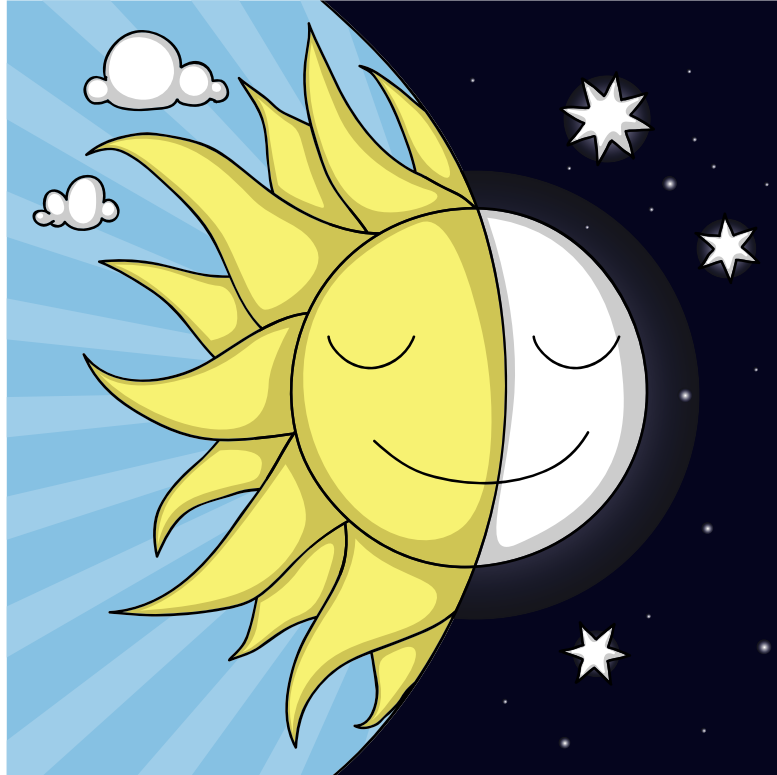




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13. I can pray to God at all times of the day and night.





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14. I understand how important prayer is in my life.



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