

Ukrainian Orthodox Church of the USA



**Christ IS Risen!**

2018/2019

Office of Youth & Young Adult Ministry

**Praxis Session Plan**

# Praxis Session Plan

## Introduction

The praxis sessions are meant to give youth and their families to live out what their faith and what they have learned in the traditional session plans. Praxis is a Greek word which means “to do”. We shouldn’t just learn about our faith, we need to live it – TO DO it. Ideally the praxis session should be interspersed with the traditional session.

This curriculum calls for families to be included in most of the sessions. Be sure to inform families well in advance of dates where you would like for them to attend and participate. For families unable to participate in a session, prepare materials and handouts for them to work at home.

There are many ways to prepare for and celebrate Pascha and to live the faith. We have collected many ideas on the Office of Youth Ministry Pinterest boards. Provide this link to your families for additional ways to celebrate the Feast of Feasts!

<https://www.pinterest.com/uocofusa/oym-holy-week-and-pascha-for-parish-youth-and-fami/>

## Acknowledgments

Icons – provided courtesy of Archangel Icons. Permission has been given for reproduction of icons for the projects outlined in this program. If you are in need of any additional icons, they may be found at [www.archangelicons.com](http://www.archangelicons.com) or Archangel Icons on Facebook. Thank you to Michael Kapeluck for his continued gift of these icons for the use of our youth.

Photography/Logo – Myr Arts – [www.myrarts.com](http://www.myrarts.com)

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## Praxis Session Seven: Sharing What We Learned

*Main Ideas: Learning has a more lasting impact when youth are asked to share with others. Sharing what they have learned requires them to think about and recall information and helps them to make deeper connections with it. Additionally, sharing with an authentic audience gives them more incentive to do quality work and sends the message that what they are doing in church school classes and youth ministry sessions is valuable to the parish.*

Preparation: Determine how and when you would like to provide your youth and their families an opportunity to share their Paschal Journey Books. Coming together as a parish family is a wonderful way to show how Christ is Risen all year long. Below are some suggestions for gatherings:



- *Join your parish for the Agape meal. These meals take place during various times. Sometimes after the Paschal Liturgy and sometimes after Agape Vespers. Check it out and join in this wonderful fellowship opportunity. Take a picture and add it to the last page of the book.*
- *Feast of Pentecost - have families not only bring their books to share on this day but ask them to provide their favorite dishes for coffee hour. Pentecost is a favorite day for parishes to celebrate First Holy Confessions. This is an excellent opportunity to discuss with your youth how Christ is Risen in their lives. Remind them of the session on confession. Ask them if they remember their first Holy Confession and how it was a special day. Have the youth make cards for the youth participating in the sacrament. Check out the OYM Pinterest page for ways to celebrate the feast.*
- *Parish picnic - Many parishes conduct their annual summer picnics in June. Ask families to bring the Journey Books. A wonderful way to keep Pascha alive in our lives. Have youth greet everyone at the picnic with Christ is Risen! Explain to them that St. Seraphim would greet all he met, no matter what time of the year, with Christ is Risen! my beloved! We too can greet people as St. Seraphim did - reminding ourselves and others of this amazing fact!*
- *Ask youth to post weekly/monthly to a youth/parish Facebook or Instagram account. They should post something that reminds them that Christ IS Risen! everyday.*