

# OUR SAVIOR, BOTH GOD AND MAN

Mode 3  
(In 3/4 Time)

Based on Psalm 23 from "A Spiritual Psalter"  
by St Ephraim the Syrian

arr. by Dn. David Jacobs  
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*Refrain:*

We con - fess one and the same, per - fect  
God and per - fect Man. The Word of God be -  
came Man, Je - sus, our Lord and Sav - ior. *F* John 1; Col. 2:9

[1]

For if He was not man, why was  
Mar - y cho - - - sen? And if He is  
not God, whom then does Gab - ri - el call Lord? *F* Luke 1:26

[2]

For if He was not man, who was  
 laid in a man - - - ger? And if He is  
 not God, whom did the an - gels glo - ri - fy? Luke 2:7,13-14

[3]

For if He was not man, who was  
 wrapped in swad - dling cloths? And if He is  
 not God, for whom did the star ap - pear? F Luke 2:7; Matt. 2:2

*Refrain: "We confess one and the same"*

[4]

For if He was not man, whom does  
 Sim - e - on hold in his arms? And if He is  
 not God, to whom does Sim - e - on say these words: F Luke 2:25-28

[5]

Let, O Lord, thy ser - vant de - part in peace, for I have  
 seen Thy Sal - va - - - tion. A Light to light - ten the  
 Gen - tiles, and the glo - ry of Is - ra - el. Luke 2:29-32

[6]

Whom did Jo - seph take when he fled, in - to the  
 land of E - - - gypt? And who ful - filled the  
 proph - e - cy: "Out of E-gypt I call - ed my Son"? Matt. 2:13,15

*Refrain: "We confess one and the same"*

[7]

Whom did John the Fore - run - ner bap - tize?  
 And to whom did the Fa - ther say: "This is my be -  
 lov - ed Son, with whom I am well pleased" Matt. 3:13-16

[8]

For if He was not man, who hun-gered  
in the des - - - ert? And if He is  
not God, un - to whom did the an - gels serve? *Matt. 4:1-11*

[9]

For if He was not man, who was in -  
vit - ed to Ca - - - na? And if He is  
not God, who turned the wa - ter in - to wine? *John 2:1-10*

*Refrain: "We confess one and the same"*

[10]

Who took bread in the des - ert? Who fed the  
five thou - sand men, with their wom - men and their  
chil - - dren, with on - ly five loaves and two fish? *Mark 6:41*

[11]

For if He was not man, who was a -  
 sleep in the boat? And if He is  
 not God, who then re - buked the wind and sea? Mark 4:39

[12]

For if He was not man, with whom did  
 Si - mon the Phar - i - see eat? And if He is  
 not God, who washed a - way the Har - lot's sins? Luke 7:36-50

*Refrain: "We confess one and the same"*

[13]

Who wore a man's gar - ment? And who  
 heal - ed the wom - - an, from an is - sue of  
 blood when she had touched His gar - - - ment? Matt. 9:18-26

[14]

For if He was not man, who spit  
 on the ground and made clay? And if He is  
 not God, who healed the blind - man with that clay?

John 9:1-12

Detailed description: This block contains the musical score for section [14]. It consists of three staves of music in a single system. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a common time signature. The melody starts with a quarter note G4, followed by a quarter note A4, and then a half note B4. The lyrics 'For if He was not man, who spit' are written below the first staff. The second staff continues the melody with a quarter note C5, a quarter note D5, a quarter note E5, and a quarter note F5. The lyrics 'on the ground and made clay? And if He is' are written below. The third staff concludes the phrase with a quarter note G5, a quarter note F5, a quarter note E5, and a quarter note D5. The lyrics 'not God, who healed the blind - man with that clay?' are written below. Chord symbols (F, C, D, Bb) are placed above the notes. A reference to 'John 9:1-12' is at the end of the system.

[15]

Who wept at Laz - a - rus' grave? Who com -  
 mand-ed him come forth, out of the grave  
 four days, four days af - ter his death?

John 11:35-43

Detailed description: This block contains the musical score for section [15]. It consists of three staves of music in a single system. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a common time signature. The melody starts with a quarter note G4, followed by a quarter note A4, and then a half note B4. The lyrics 'Who wept at Laz - a - rus' grave? Who com -' are written below. The second staff continues the melody with a quarter note C5, a quarter note D5, a quarter note E5, and a quarter note F5. The lyrics 'mand-ed him come forth, out of the grave' are written below. The third staff concludes the phrase with a quarter note G5, a quarter note F5, a quarter note E5, and a quarter note D5. The lyrics 'four days, four days af - ter his death?' are written below. Chord symbols (F, C, D, Bb) are placed above the notes. A reference to 'John 11:35-43' is at the end of the system.

*Refrain: "We confess one and the same"*

[16]

Who was ar - rest - ed by the Jews, in the gar -  
 den of Geth - sem - a - ne? And who cast them  
 to the ground, with the words: I am He.

John 18:1-11

Detailed description: This block contains the musical score for section [16]. It consists of three staves of music in a single system. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a common time signature. The melody starts with a quarter note G4, followed by a quarter note A4, and then a half note B4. The lyrics 'Who was ar - rest - ed by the Jews, in the gar -' are written below. The second staff continues the melody with a quarter note C5, a quarter note D5, a quarter note E5, and a quarter note F5. The lyrics 'den of Geth - sem - a - ne? And who cast them' are written below. The third staff concludes the phrase with a quarter note G5, a quarter note F5, a quarter note E5, and a quarter note D5. The lyrics 'to the ground, with the words: I am He.' are written below. Chord symbols (F, C, Bb) are placed above the notes. A reference to 'John 18:1-11' is at the end of the system.

[17]

For if He was not man, who was  
 judged be - fore Pi - - - late? And if He is  
 not God, who fright - ened Pi - late's wife in a dream? *F* Matt. 27:1-2,19

[18]

Whose gar - ments were stripped from Him, and then  
 part - ed by sol - - - diers? And why was the sun  
 dark - ened, up - on His cru - ci - fix - - - ion? *F* Mark 15:24;Matt. 27:45

*Refrain: "We confess one and the same"*

[19]

Who was cru - ci - fied on the cross? Why was there  
 dark - ness o - ver the land from the sixth un - til the  
 ninth hour, if He was not both God and Man? *F* Mark. 15:25,33

[20]

For if He was not man, who was  
 nail - ed to the cross? And if He is  
 not God, who makes the Earth to trem - ble?

*F* Luke 23:33; Matt. 27:54

[21]

The veil of the tem - ple, was  
 torn in two. And the rocks like - wise were  
 shat - tered, and the graves were o - - - pened.

Matt. 27:51

*Refrain: "We confess one and the same"*

[22]

Who was the Man on the cross, hang - ing be -  
 tween two thieves? And how could He say to the  
 one to - day with me in Par - a - dise you'll be.

*F* Matt. 27:38; Luke 23:43





[26]

Who ate at the sea the sea  
of Ti - be - ri - us? On whose or - ders were the  
nets filled, ov - er - flow - ing with fish? John 21:1-14

Detailed description: This block contains the musical score for section [26]. It consists of three staves of music in a single system. The first staff begins with a treble clef, a key signature of one flat (Bb), and a common time signature (C). The melody starts on a half note G4, followed by quarter notes A4, Bb4, and C5. The lyrics 'Who ate at the sea the sea' are written below. The second staff continues the melody with quarter notes D5, E5, F5, and G5, then a half note G5. The lyrics 'of Ti - be - ri - us? On whose or - ders were the' are written below. The third staff concludes the system with quarter notes A5, Bb5, and C6, followed by a half note C6. The lyrics 'nets filled, ov - er - flow - ing with fish?' are written below. Chord symbols F, C, D, Bb, and F are placed above the notes. A reference 'John 21:1-14' is at the end of the system.

[27]

Who lift - ed up His hands bless - ing  
His A - pos - - - tles? And whom did  
they see car - ried up to heav - en? Luke 24:51

Detailed description: This block contains the musical score for section [27]. It consists of three staves of music in a single system. The first staff begins with a treble clef, a key signature of one flat (Bb), and a common time signature (C). The melody starts on a half note G4, followed by quarter notes A4, Bb4, and C5. The lyrics 'Who lift - ed up His hands bless - ing' are written below. The second staff continues the melody with quarter notes D5, E5, F5, and G5, then a half note G5. The lyrics 'His A - pos - - - tles? And whom did' are written below. The third staff concludes the system with quarter notes A5, Bb5, and C6, followed by a half note C6. The lyrics 'they see car - ried up to heav - en?' are written below. Chord symbols F, C, D, Bb, and F are placed above the notes. A reference 'Luke 24:51' is at the end of the system.

[28]

Who as - cend - ed to the joy - ful cries of  
the an - gel - - - ic host? And to whom did the  
Fa - ther say sit down at my right hand? Mark 16:19; Luke 24:51

Detailed description: This block contains the musical score for section [28]. It consists of three staves of music in a single system. The first staff begins with a treble clef, a key signature of one flat (Bb), and a common time signature (C). The melody starts on a half note G4, followed by quarter notes A4, Bb4, and C5. The lyrics 'Who as - cend - ed to the joy - ful cries of' are written below. The second staff continues the melody with quarter notes D5, E5, F5, and G5, then a half note G5. The lyrics 'the an - gel - - - ic host? And to whom did the' are written below. The third staff concludes the system with quarter notes A5, Bb5, and C6, followed by a half note C6. The lyrics 'Fa - ther say sit down at my right hand?' are written below. Chord symbols F, C, D, Bb, and F are placed above the notes. A reference 'Mark 16:19; Luke 24:51' is at the end of the system.

*Final Refrain: "We confess one and the same"*

*Refrain:*

The musical score is written on three staves in a single system. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a common time signature. The melody consists of quarter and eighth notes, with a fermata over the final note. Chord markings *F*, *C*, *D*, and *B<sup>b</sup>* are placed above the staff. The lyrics "We con - fess one and the same, per - fect" are written below the staff. The second staff continues the melody with similar note values and a fermata. Chord markings *F*, *C*, and *F* are present. The lyrics "God and per - fect Man. The Word of God be -" are written below. The third staff concludes the phrase with a fermata. Chord markings *C*, *D*, *B<sup>b</sup>*, *C*, and *F* are present. The lyrics "came Man, Je - sus, our Lord and Sav - ior." are written below. A reference "John 1; Col. 2:9" is placed above the final measure. The system ends with a double bar line.

We con - fess one and the same, per - fect  
God and per - fect Man. The Word of God be -  
came Man, Je - sus, our Lord and Sav - ior.

*F* *C* *D* *B<sup>b</sup>* *F* *C* *D* *B<sup>b</sup>* *C* *F* John 1; Col. 2:9



"If He is not God and man then, indeed, our salvation is false,  
and false are the pronouncements of the prophets"  
(St. Ephraim the Syrian).